

BIRTH & FAMILY SERVICES
Tacoma, WA

*Revolutionary
Intentions*

Intentional Captures
PHOTOGRAPHY BY ALEX

Local Breastfeeding Support Groups

La Leche League

West Seattle:

4th Monday of each month, 10:30 AM – noon

Neighborhood house in high point, 6400 Sylvan Way SW Seattle, WA 98126

Tacoma:

LLL of North Tacoma meets the first Friday of each month at 10:30 AM. Please call or email Shannon for the meeting location, as it does vary. lloftacoma@gmail.com

LLL of Parkland meets the third Tuesday of every month at 1 PM at the Lakeview Church of Christ, 1709 112th St. S. in Tacoma.

Olympia:

First Thursday of the month from 10 AM-12 PM at the Family Support Center 3545 7th Ave SW Olympia 98512

Fern and Foster has weekly support groups listed here:

<https://www.fernandfoster.com/calendar>